Saturday November 9, 2019
10:00 AM – 5:00 PM
Perry Harvey, Sr. Park
1000 E. Harrison St. Tampa, FL

Guest Speakers, Healthy Living and Eco-Friendly Exhibitors, Delicious Vegan Food, Animal Rescues, Free Food Samples, Cooking Demos, Live Music, Kids Activities, Vegan BBQ Cook-Off, Bounce House, Raffle.

Featuring:
Paul Watson of Sea Shepherd Conservation Society
Grey/ Vegan Hip Hop Artist, GREY

Speakers:
Captain Paul Watson/Sea Shepherd Conservation Society KEYNOTE SPEAKER
Grey/ Vegan Hip Hop Artist KEYNOTE SPEAKER
Amber Orman M.D./Radiation Oncologist
Christine Smith M.D./Pediatrician
Soham Patel M.D./Endocrinologist
Aji Nikiya/Global Humanitarian & Animal Activist
Michele Fasnacht/ Health Coach, Educator & Vegan Restaurant Owner

THANKS TO OUR SPONSORS

Cathy Unruh • Keith Roghair • Myriam & Bill Parham

For more information: TampaBayVegFest.com, facebook.com/TBvegfest, info@tampabayvegfest.org, 727-656-8368
FVA Presents Two Powerful Documentaries...

**Linchpins of Dead Dog Island & The Last Pig**

**Saturday, October 5th**
- Doors open for refreshments at 5:30pm
- First film begins promptly at 6:00pm
- A short Q&A will follow each film

For Movie Information Visit:

Jimmie B. Keel Regional Library
2902 W. Bearrs Ave, Tampa, 33618: conference rooms C & D

The event is free and open to the public, however, a $5 donation to Compassion Kind is suggested.

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**Pangolin Productions** is an award winning production company created by Aja Nikiya and Kim Mniece that focuses on telling the stories of marginalized communities of people and animals. They are driven by their passion to tell stories that create social good by combating gentrification, discrimination, speciesism, climate change, gender inequality and animal suffering. They believe that all beings deserve to be seen and heard, that all beings deserve the right to live a life worth living.

About the film:

**Linchpins of Dead Dog Island** is the story of 6 brave women working tirelessly to save the stray dogs of Puerto Rico post Hurricane Maria. The film explores how these women met under unlikely circumstances, and how their friendship and passion for animals is securing a future for the dogs of Puerto Rico.

**The Last Pig**
Through this personal journey THE LAST PIG raises crucial questions about equality, the value of compassion and the sanctity of life. Comis’ soul-bearing narrative carries us through his final year of farming pigs, the struggle to reinvent his life, and the ghosts that will haunt him forever.

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**Last man sentenced in shark-dragging case**

Robert Lee “Bo” Benac III, the last man still facing charges in the June 2017 incident that generated online outrage, pleaded guilty on 9/12/19 to two misdemeanor charges in a Hillsborough County courtroom. He was sentenced to 10 days in jail.

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**FVA’s BOARD OF DIRECTORS**

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Anniversary Celebration Vegan Potluck

You are invited to celebrate this amazing organization. Thirty years of being a tireless voice for the voiceless!

Saturday, December 7th, 2019
11:30am to 2:30pm

Roy Haynes Park and Recreation Center
1902 S. Village Ave, Tampa, 33612

Please bring a dish to share, no animal products: meat, dairy, eggs, or honey, and a card listing the ingredients. Plates and utensils will be provided.

Volunteers needed at Tampa Bay Veg Fest

Meet new friends and make a difference. Volunteers are crucial to the success of this event and we look forward to your participation. All volunteers will be given a Tampa Bay Veg Fest t-shirt that must be worn during your shift. Please sign up at https://www.volunteersignup.org/B34CX or contact Laura Weiss at ljb359@hotmail.com Thanks!
13th Annual ThanksVegan Potluck Dinner & Silent Auction

Florida Voices for Animals
Presents the 13th Annual
ThanksVegan Feast

Thanksgiving Day—Thursday, November 28, 2019

Held at the Unitarian Universalist Church of Tampa

11400 Morris Bridge Road, Tampa FL 33637

Social 1:30-2:00 pm
Potluck Dinner 2:00 pm-5:30 pm
(Food table closes at 4:00 pm)
New Silent Auction

Event will be Prepaid through
ThanksVegan.com via PayPal
(Using any major credit card or PayPal account).
Prepay begins October 1, 2019 ends November 22, 2019
Prepay early- space is limited!

$7.50 /Adult with a dish (Prepaid)
$21.00 /Adult without dish (Prepaid)
$15 /Adult with a dish (at the Door)
$30.00 /Adult without dish (at the Door)
*Prices are a suggested donation

**For suggested prepay prices for children, students and seniors see ThanksVegan.com

Please bring a Vegan dish for 8+ people (16+ for couple's dish)
with a serving utensil and ingredient list.
Microwaves will be available for warming. Plates & utensils will be provided.
NO personal dinnerware or to-go containers, please.
All food must be vegan (No animal products/byproducts)
Parking is limited — carpooling encouraged.

Volunteers are needed for setup, food prep, cleanup, etc.
To volunteer or for more information, please contact: Thanksvegan@gmail.com

Facebook: Tampa ThanksVegan Dinner

www.ThanksVegan.com (http://www.thanksvegan.com/)
FVA’s Anti-Puppy Mill Billboard

Buying a pet store puppy? Meet mom.
Florida Voices For Animals.org

Location: Southbound Dale Mabry just south of Bearss Ave

The cost for just one month was $5,395.00! Give Day raised $2165 and the remaining $3230 was covered by donations. These actions don't come cheap, but it is part of the money we raised. We would love to have more billboards like this, so let us know if you have ideas about how we can accomplish this.

Please consider donating toward this effort if you have not yet done so. Thank you!

Vegan BBQ Cook-Off at Tampa Bay Veg Fest

The concepts of veganism and barbecue might seem at odds with each other. But that is kind of the point says event co-organizer Diane Koon. “Our intention is to show people that dishes they already know can be made plant-based and be supertasty,” she explains.

Chefs and amateurs alike will compete at this year’s Tampa Bay Veg Fest, which takes place Saturday November 9.

10 contestants will compete for the title. So cook up your best vegan BBQ to show Tampa Bay who makes the best Vegan BBQ! Your dish can be whatever you like, seitan or cauliflower wings, BBQ Mac n cheese or tempeh, etc… Be as creative as you can and deliver to the community an exciting, delicious and memorable Vegan BBQ experience.

Not a chef? No problem!
Come taste and help us determine “The People’s Choice” award. Tasting tickets are just $5 for 4 tastings or $10 for 10 tastings and can be purchased at Veg Fest Central the day of the event.
Cash, check or credit card will all work. Tasting begins at 10:30 so come early and get your tickets!

For more information please go to:
http://www.tampabayvegfest.com/cook-off/
FVA In Action

Dear FVA members, friends & readers, we are excited to share with you our FVA meet-up events! We now have almost 4,000 have signed up as ‘interested’ in our group and activities. As you can see, we continue to have a variety of opportunities for you to become involved. WHERE are you? Please join our MeetUp, please sign up for events that interest you, then PLEASE attend the events and help the animals! (If for some reason you find that you are unable to attend, please be kind enough to change your RSVP. This will help us to better know what type of attendance to expect at our events and plan appropriately.)

FVA in the Community/Tableings:

7/28 - Shelter Farm Sanctuary, Arcadia, Visit – Laura Weiss & Ellen Jaffé Jones 
Several Veg Fests throughout U.S. and Local Runs, our own Ellen Jaffé Jones attended, ran &/or spoke

Media & Other Activities:

7/13 - FVA Park Clean-up at Al Lopez Park, Quarterly, 10am-12, check FVA meetup for future dates. 
7/31 – TBVF Volunteer Mtg., - Jimmie Keele Library
8/8 – Vegan Support Group, Open Forum, John F. Germany Library Tampa, Hosts Cathy Unruh, Kim Gronemeyer & Myriam Parham
8/8 & 8/15 – Creative Loafing ads promoting The Global Animal Rights March
8/14 – WMNF Talking Animals Radio Show, Duncan Strauss Interview with March for the Animals event organizer, Brian Brown, of Tampa Animal Rights Assembly (TARA), co-sponsors with FVA.
9/5 - Vegan Support Group, Vegan Ideology Conflicts, led out by Jenna Bardroff, Solutionary Species, at the John F. Germany Library, Downtown Tampa

FVA Demos for the Animals:

7/1 - Protest Horse Racing at Tampa Bay Downs, Race Track Rd., Tampa, Good turnout despite rain 
7/5, 8/2 & 9/6 – St. Pete Animal Rights Assembly (SPARA), Lucky Dill Deli Central St. Pete
7/12, 8/9 & 9/13 - Tampa Animal Rights Assembly, (TARA), Ybor City Demonstration, 1600 E. 7th Ave, Tampa, Brian Brown organizer - 7:00 PM to 9:30 PM, Every 2nd Friday of the month
8/4 – Loomis Brothers Circus protest in Bradenton, FVA members joined Sarasota in Defense of Animals (SDA) members
8/17 - The Official Global Animal Rights March, N. Straub Park, Bayshore Dr., NE, St. Petersburg, 10:30-1pm, FVA & TARA (Tampa Animal Rights Assembly) Co-Sponsors. Brian Brown led out over 100 activists who braved torrential rains. Speakers included: Brian Brown of TARA; Royce Ashcroft & Imari Spigner of Noor VII Vegan Entertainment Network; Brittany Martinez & Myriam Parham who gave short talks about FVA; Zulema Ramos, of Food Not Bombs, Extinction Rebellion, Uhuru Solidarity Movement and other social Justice groups, and Jenna Bardroff, of Solutionary Species.

In addition to the events above, monthly activities are held at several local vegan restaurants. These include: New Leaf Café Breakfast buffet, Loving Hut buffet, & Lotus Vegan Buffet. Please check our FVA calendar to join us at these events so we can get to know each other. We hope to see you soon!
You can receive this newsletter via email or download it from the FVA website. To go paperless please email fvaonline@yahoo.com and let us know. You will both help the environment and enable FVA have more resources for helping animals.

YES I want to support Florida Voices for Animals, Inc.
Enclosed is my annual membership fee or donation:
□ $300 Teddy* Lifetime  □ $100 Patron  □ $50 Family  □ $30 Individual  □ $15 Student  □ Other_________
NAME: ___________________________________________ PHONE: __________________ FAX: __________________
ADDRESS: ___________________________________________ CITY: ____________ ST: ___ ZIP: __________
E-mail: ___________________________________________
I would like to volunteer for:
□ Phone Tree  □ Attending Demonstrations  □ Staffing Outreach Tables  □ Website  □ Newsletter  □ Investigations  □ Other:
I prefer to receive my Newsletters: □ Electronically via email  □ Regular Mail

* In loving memory of Keith Roghair’s dog, Teddy

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**GOOD NEWS**

⊙ **Jul 2019:** ALDI delivers vegetarian and vegan delights. Whether you’re vegan, vegetarian or just veg-curious, ALDI makes it easy to add plant-based protein to your diet!

⊙ **Aug 2019:** Baskin-Robbins released its first two non-dairy flavors of ice cream Vegan Chocolate Chip Cookie Dough and Vegan Chocolate Extreme.

⊙ **Sep 2019:** The Environmental Protection Agency’s (EPA) decided to scale back and ultimately end animal testing. The head of the EPA Andrew Wheeler, in presence of Physicians Committee for Responsible Medicine (PCRM) representatives Kristie Sullivan, MPH, and toxicologist Esther Haugabrooks, PhD, announced the EPA’s new plan to phase out all tests on mammals by 2035, not just for industrial chemicals, but for pesticides as well, saving hundreds of thousands of animals each year.

⊙ **Sep 2019:** Burger King introduces the vegan Impossible Whopper.

⊙ **Sep 2019:** Florida Senator Lauren Book introduces bill against declawing of cats. Under the bill, a person other than a licensed vet who declaws a cat is subject to a civil penalty of up to $1,000 for each violation. A licensed vet who performs the procedure is subject to disciplinary action by the Board of Veterinary Medicine. Such disciplinary action could include denial of certification for examination or licensure, revocation or suspension of a license, administrative fines and more

⊙ **Sep 2019:** Disney's US theme parks are going vegan. Per CNN Travel, Disney announced that plant-based food options will be added to every dining location in their US theme parks. More than 400 vegan dishes will be available at quick-service and table-service restaurants in Orlando, Florida's Walt Disney World in early October, followed by Anaheim, California's Disneyland in spring 2020.
Our mission is to educate the public about animal abuse and exploitation. Please renew your membership if it has expired. Check your label.

- **M** Paid membership and renewal date
- **L** Lifetime member
- **X** Newsletter exchange
- **C** Courtesy

**FLORIDA VOICES FOR ANIMALS, INC.**
PO BOX 17523
TAMPA, FL 33682

A NONPROFIT TAX EXEMPT
GRASSROOTS, ANIMAL ADVOCACY
ORGANIZATION

ADDRESS CORRECTION REQUESTED

All events are posted on our Meetup Calendar so if you haven’t signed up for our meetup go to [www.meetup.com](http://www.meetup.com), search for Florida Voices for Animals then sign up.

Every Tue & Thu at 10:30am WUSF Ch 16.3 **Christina Cooks** cooking show with Christina Pirello
Every Wed at 10am WMANF 88.5FM **Talking Animals** radio show with Duncan Strauss
Every Fri at 11am WUSF Ch 16.1 **Jazzy Vegetarian** cooking show with Laura Theodore

Check out the [Vegan Myth Busters](http://www.veganmythbusters.com) radio show hosted by **Ellen Jaffe Jones** anytime by visiting [https://www.facebook.com/groups/1667198786868267/](https://www.facebook.com/groups/1667198786868267/)

10/4, 11/1, 12/6 (Fri) **St Pete Animal Rights Assembly**, 7pm-9pm Lucky Dill, 277 Central Ave, St Pete FL SPARA is a peaceful static demonstration akin to an art performance. Masks, signs, and outreach literature are provided. Black upper clothing appropriate for the weather is essential, and please bring a fully charged laptop or tablet if you have one.

10/3, 11/7, 12/5 (Thu) **Vegan Support Group** 6:30-8:30; John F. Germany Public Library 900 North Ashley Drive, Tampa. FVA is hosting a series of vegan support groups on the first Thursday of each month to help you cope with the challenges of living in a non-vegan world. Meet in the MLK room. Street parking is free after 6pm. Paid lots available.

10/5, 11/2, 12/7 (Sat) **Loving Hut Vegan Buffet** Sat 11am-9pm (Meetup at 6:30pm), 1905 E Fletcher Ave, Tampa FL 33612, 813-977-7888. Loving Hut’s website is [http://www.lovinghut.us/tampa_01/](http://www.lovinghut.us/tampa_01/) This all-vegan buffet is on the 1st Saturday of the month.

10/6, 11/3, 12/1 (Sun) **New Leaf Café Brunch**, 9am-12pm 11813 N Armenia Ave, Tampa, FL Enjoy an all-vegan brunch which takes place first Sunday of the month.

10/11, 11/8, 12/13 (Fri) **Tampa Animal Rights Assembly (TARA)** 7pm-9:30pm Ybor City 1600 E 7th Ave, Tampa, FL Masks, signs, and outreach literature are provided. Black upper clothing appropriate for the weather is essential, and please bring a fully charged laptop or tablet if you have one.

10/19, 11/16, 12/21 (Sat) **Lotus Vegan Meetup Buffet**, 11am-9pm (Meetup at 6pm), 6575 Park Blvd, Pinellas Park, FL Enjoy an all-vegan buffet at Lotus Vegan Restaurant. This buffet takes place 3rd Saturday of the month.

10/5 (Sat) **FVA Double Movie** 5:30pm-9pm Jimmie Keel Library 2902 W Bearss Ave, Tampa, FL Enjoy vegan snacks while watching documentaries **Linchpins of Dead Dog Island** and **The Last Pig**

11/9 (Sat) **FVA 10th Annual Tampa Bay Veg Fest**, 10am-5pm Perry Harvey Park, 900 Scott St, Tampa, FL Volunteers needed. Free vegan day-event with speakers, food demos, food vendors, food samples (did I mention food?) . One of USA’s top Veg Fests. Don’t miss it.

11/28 (Thu) **FVA ThanksVegan Feast**, Social 1:30-2pm Potluck Dinner 2-5:30pm. At Unitarian Universalist Church 11400 Morris Bridge Rd. Tampa FL 33637. See ThanksVegan.com to prepay and for details. Volunteers needed. To volunteer, email ThanksVegan@gmail.com

11/29 (Fri) **FVA Fur-Free-Friday Demo**, 11:30am-1pm International Plaza, 2223 N Westshore Blvd, Tampa, FL 33607. Fur is totally cruel and unnecessary! Join us to be the voice for the animals! Signs will be provided.

12/7 (Sat) **FVA 30th Anniversary Celebration Vegan Potluck!** 11:30am-2:30pm Roy Haynes Park & Rec Ctr, 1902 S Village Ave Tampa FL 33612. RSVP on Meetup. Bring vegan dish with ingredient card and recharge.